

**GOVERNOR'S SECRETARIAT
ARUNACHAL PRADESH
ITANAGAR**

PRESS RELEASE

FOCUS ON EXCELLENCE: GOVERNOR TO SPORTSPERSONS

The Governor of Arunachal Pradesh Lt. Gen (Retd) Nirbhay Sharma has urged upon the sportspersons of the State to focus on excellence in their respected fields. He advised them to concentrate on mental toughness in addition to honing their skill. The Governor suggested the sportspersons should practice Yoga to prepare themselves for highly competitive contests.

The Governor emphasized on promotion of boxing, body building and other games and sports events where the youth of the State have potential.

Felicitating international sportspersons of Arunachal Pradesh, including Archers Maselo Mihu and Sorang Yumi and martial artist P. Nobin Jomoh at Raj Bhawan, Itanagar on 11th November 2013, Governor said that they are the 'Pride of the State' and the country and State is proud of them.

First Lady of the State Smt. Jyotsna Sharma who was also present on the occasion expressed her happiness that many girls from Arunachal Pradesh are doing exceptionally well in international games and sports arenas.

Earlier Director Sports and Youth Affairs D.K. Dinglow apprised the Governor on the initiatives in promotion of sports activities in the State. State Archery coach Ekasini Devi was present on the occasion.

PRO to Governor
Arunachal Pradesh
ITANAGAR, November 11, 2013