

**GOVERNOR'S SECRETARIAT  
ARUNACHAL PRADESH  
ITANAGAR**

**PRESS RELEASE**

**Organise the International Day of Yoga with due diligence and decorum: Governor**

In his continuation his effort to conduct the International Day of Yoga (IDY) on 21<sup>st</sup> June, which has been declared by the United Nations General Assembly as International Day of Yoga, in a befitting manner, the Governor of Arunachal Pradesh Brig. (Dr.) B.D. Mishra (Retd.) had a video conference with Deputy Commissioners of the Districts from Raj Bhavan, Itanagar on 14<sup>th</sup> June 2018. Chief Secretary Shri Satya Gopal, Secretary District Administration Smt Sadhana Deori and Director In-charge IPR Shri Michi Kani were present in the conference.

The Governor advised the Deputy Commissioners to organise the IDY, with due diligence and decorum. It is noteworthy that UN General Assembly had adopted 21<sup>st</sup> June as the International Day of Yoga with overwhelming support of its members.

The Governor impressed upon the Deputy Commissioners that the celebration of the Day is for good cause and for the benefit of one and all. It should be observed with the aim to ensure that benefit of Yoga reaches to all, particularly the younger generation.

The Governor emphasized that it should organized from District down to circle level and it should continue as a way of life. He also stressed that it should be conducted with spirit of volunteerism.

PRO to Governor  
Arunachal Pradesh  
ITANAGAR, June 14, 2018