## **PRESS COMMUNIQUÉ**

## GOVERNOR HANDS OVER PRIZES TO WINNERS OF ASSAM RIFLES HALF MARATHON

**Shillong, 6 November 2022:**The Governor of Meghalaya and Arunachal Pradesh, Brig. (Dr.) B D Mishra (Retd) graced the prize distribution ceremony of the second edition of Half Marathon organised by Assam Rifles as part of "Azadika Amrit Mahotsav" celebrations on 6<sup>th</sup> Nov 2022, at the Headquarters of Directorate General Assam Rifles, Laitkor, Shillong. The Half Marathon commemoratesAmritMohatsav (Diamond Jubilee) of independence of India and the glorious post independent history of its people, its culture, and its achievements. These celebrations appropriately encompass the "Fit India Movement" as well. The run was open to men and women of various age groups. The core theme for the event was to promote the spirit of unity and National integrity.

Handing over the prizes to the winners in the marathon, the Governor appreciated the enthusiasm and spirit of the participants and the organizers.

Conducted in the scenic and majestic ambience of the hills of East Khasi District at Laitkor, the event was a major success as it had massive and enthusiastic participation of serving personnel and families of Assam Rifles, Army, Air Force, CRPF, CISF, SSB, BSF and Meghalaya Police.

Adding the local fervour to the event, some of the acclaimed Cross Country runners from Meghalaya Olympic Association also took part in the Mega event and presented a challenge to the runners of the Armed Forces and CAPFs. The three categories of the run were for 21 Kms, 10 Kms and 5 Kms and each category had the segment of different age groups. A total of 303 people participated in 21 Kmsrun, 512 in the 10 Kms run and 224 in 5 KmsRun.

The élan and spirit of the Marathon got a zestfulfillip with the participation of ladies and children in all categories. Children barelyof 5 years of age also participated and successfully completed the 5 km category run thus showing their resolve and physical fitness.

The winners of 21 Kmsrun in various age groups included Mr EmphiusNongrum and Mrs DarishaLangjuh in 21 to 30years age group;MrSuvisje and Lt Col Shreya Rawat in 31 to 40 years age group;ComdtPramod Kumar and Mrs Aarti Yadav in 41 to 50 age group;Col Eben Simeon and Mrs BeenaVenkatesh in over 50 years age group; Lt Gen PC Nair, AVSM, YSM, PhD, DG Assam Rifles participated in over 50 years age group of 21 Kms run and won a prize.

PRO, RAJ BHAVAN Shillong