

**GOVERNOR'S SECRETARIAT
ARUNACHAL PRADESH
ITANAGAR**

Press Communiqué

Governor extends National Sports Day greetings

The Governor of Arunachal Pradesh, Lt. General K.T. Parnaik, PVSM, UYSM, YSM (Retd.), has extended his warm greetings to the people of the State, particularly the spirited sportspersons and youth, on the momentous occasion of National Sports Day, which commemorates the birth anniversary of the legendary Hockey wizard and Bharat Ratna, Major Dhyan Chand. He expressed his hope that the occasion would inspire all to be physically fit and mentally awake.

The Governor said that sports are much more than the pursuit of medals. They shape character, strengthen resolve, and nurture the courage to dream and achieve. As we pay tribute to Major Dhyan Chand's extraordinary contribution to Indian hockey, National Sports Day becomes a celebration of the deeper values that sports inspire, i.e., discipline, resilience, teamwork, and the unwavering spirit to keep striving against all odds. This spirit of sportsmanship is closely tied to the Fit India Mission, which reminds us that true progress begins with good health, he said.

The Governor said that fitness is the foundation of a strong, confident, and forward-looking nation. A healthy body sharpens the mind, and together they create a generation ready to lead India towards the vision of Viksit Bharat. At the heart of this vision stand our youth, the pride of today, the hope of tomorrow, and the torchbearers of the future. With their energy, determination, and passion, they have the power to build a stronger Arunachal Pradesh and to contribute meaningfully to the rise of a truly developed India, he said.

On this National Sports Day, may we all imbibe the spirit of sportsmanship and work together towards building a fitter, stronger, and united Bharat, the Governor said in his message.

PRO to Governor
Arunachal Pradesh
ITANAGAR, August 28, 2025